

CONQUERGROUP GUIDELINES

The group guidelines should be observed by all Conquer groups.

CONFIDENTIALITY

What is said in a group is presented in trust and confidence. It should be given the utmost consideration and privacy and never shared outside the group. Even with spouses, information about another group member's story should not be shared without that person's consent.

In order to protect confidentiality, the group is not open to guests or visitors. Anyone who is considering joining the group after it has launched needs to go directly to the group leader.

RESPECT OTHERS SELF-FOCUS, LISTEN RESPECTFULLY, LIMIT SHARING, AND RESPECT OTHERS Speak only for yourself, **avoid giving advice or pressure other group member to do what I think is best.** Allow others the time to formulate their answers and come to their conclusion. Do not contribute to side conversations and give everyone an opportunity to share.

COMMITMENT TO ACCOUNTABILITY REGULAR ATTENDANCE, TAKE OWNERSHIP, AND BE RESPONSIBLE Make attending group a priority and let your leader or coleader know if you cannot attend a meeting. Contact a group member three times each week regularly and contact a group member daily if you experience relapse. If you feel uncomfortable at any time with something being done in the group, talk with your leader or group.

Group leaders also need to be accountable to the church. It is important for group leaders to submit to the leadership of the church, adhering to all leadership policies and requirements set forth by the church. Leaders should also be meeting with the leadership of the church at least once a quarter to report the successes and challenges groups are seeing.

COMPLETE HOMEWORK COMPLETE HOMEWORK AND STAY ON SUBJECT Homework facilitates the journey to healing. Allow 20-30 minutes each day to complete your homework. Every group member that completes the homework has the opportunity to participate in sharing and making a contribution to the group. The homework needs to be done in writing and includes the assignment for that week, FASTER Scale, Group Check-in, and Commitment to Change.

COVENANT TO CONTEND FOR ALL GROUPS Make a commitment of accountability stating your commitment to the process of your healing. This is a public commitment that is witnessed by the entire group.

MEMO OF UNDERSTANDING FOR ALL GROUPS It is important to understand the purpose and parameters of Pure Desire groups and the moral and ethical obligations of group leaders outlined in the Memo of Understanding. This document must be signed before an individual joins the group. Make no exceptions!